

# Navigating A Career Change & How To Persevere

Changing careers has become much more common with the average American employee doing so **3 to 7 times**.



## TOP REASONS FOR A CAREER CHANGE



Career dissatisfaction



Changing philosophies or goals



Greater workplace flexibility



Higher pay



Issues with leadership

## STEPS TO NAVIGATING A CAREER CHANGE

1

Define your career values clearly, such as work-life balance and inclusion.

3

Ask questions and determine if the company is a good fit.

5

Increase your networking efforts to expand reach in your industry or interests.

7

Brush up your résumé and interviewing skills.

2

Research companies to find options that align with these values.

4

Pursue interests outside of work to gain further insight and reflect on your passions.

6

Seek out a career consulting and search firm specializing in your field.

8

Stay positive and patient while persevering throughout the job hunt.

